TITLE

# EXECUTIVE SUMMARY

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**Independent Variables**

**Dependent Variable**

**Socio demographic factors**

* Age
* Sex
* Marital status
* Living status
* Education
* Monthly family Income

**Depression**

1. **Yes**
2. **No**

[Depression will be measured by DASS 21 scale]

**Lifestyle & behavioral factors**

* Smoking
* Alcohol
* Sleep
* Exercise
* Food habit

**Family factors**

* Family history of depression
* Family history of any chronic disease

**Disease related factors**

* Hypertension
* CKD
* Arthritis
* DM
* Hypercholesterolemia

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| --- | --- | --- | --- | --- | --- | --- |
| **Activity** | **February 2021** | **March 2021** | **April 2021** | **May 2021** | **June 2021** | **July 2021** |
| **Literature review** |  |  |  |  |  |  |
| **Proposal development** |  |  |  |  |  |  |
| **Data collection** |  |  |  |  |  |  |
| **Data entry, analysis** |  |  |  |  |  |  |
| **Report writing** |  |  |  |  |  |  |
| **Dissemination** |  |  |  |  |  |  |

**4. References**

**Annexure**

**Consent** (Both English and Bangla)

**Questionnaires** (Both English and Bangla)